

International Students at the University of Connecticut

Health care and health insurance information

Our goal at UConn Student Health Services is to keep you as healthy as possible during your time at the university. We also want to make sure that you understand all of our health requirements. Health care and immunization practices can be different in other countries. Reviewing and complying with our requirements will ensure a smooth orientation and registration process.

Insurance

- For important health insurance information for all international students, go to:
<http://www.shs.uconn.edu/insurance.html>
- For important health insurance information for graduate teaching and research assistants, go to:
<http://www.hr.uconn.edu/benefits/infogrd2.html>

Immunizations

The following are **required** for ALL students:

1. Proof of immunity to **Measles** (Rubeola.)

This means you must provide proof of one of the following:

- b. Two measles (or MMR) immunizations. (one after your first birthday and one at least one month later)
OR
- c. Documentation of positive measles titer (blood test) OR
- d. Documentation of date of measles disease by your healthcare provider.

2. Proof of immunity to **Rubella**.

This means you must provide proof of one of the following:

- a. One rubella immunization after first birthday, OR
- b. Documentation of positive rubella titer, OR
- c. Documentation of date of rubella disease by your healthcare provider.

3. Proof of screening for **Tuberculosis** (TB.)

You should complete the "Tuberculosis (TB) risk assessment" that is on the health history form. If you answered "yes" to questions 2, 3 or 4 you will need a TB test.

Acceptable TB tests:

- a. Mantoux skin test: ONLY accepted if done in USA, because testing methods and interpretation may vary from country to country.
- b. **Quantiferon Gold** or **T-Spot** (blood tests) are accepted from all countries and are recommended for International Students if available in your country.

If your TB test is positive, or if you have had a positive TB test in the past, you will need a chest x-ray. We accept chest x-rays done within the past 6 months. The radiology report MUST be attached in order for us to accept the x-ray result. If you are unable to get a TB blood test in your country, you can get a TB test at Student Health Services during your orientation.

4. **Meningitis** immunization:

This is required for all students under 29 years old residing in University housing. You will not be allowed to live in University housing unless you have received a vaccine that protects against the four subtypes of meningococcus - A, C, Y, and W-135.

The following are recommended (they are not requirements at this time):

1. Proof of immunity to **Varicella** (Chicken Pox) will be required for all students beginning on August 1, 2010, but we recommend you meet this requirement now.

This means you must provide proof of one of the following:

- a. Two varicella immunizations OR
- b. Documentation of positive varicella titer (blood test) OR
- c. Documentation of date of chicken pox disease by your doctor.

2. Proof of immunity to **Mumps** will be required for all students beginning on August 1, 2010, but we recommend you meet this requirement now.

This means you must provide proof of one of the following:

- a. Two mumps immunizations OR
- b. Documentation of positive mumps titer (blood test) OR
- c. Documentation of date of mumps disease by your doctor.

3. We recommend you be immunized for **Hepatitis B**.

Hepatitis B is a serious liver infection which may be asymptomatic; it is common in many countries of the world, especially countries in sub-Saharan Africa, in the Amazon basin of South America, and in countries in eastern and south-eastern Asia. It is **strongly recommended** for all students (even students who have been immunized), who were born in any of these countries, or whose mothers were born in any of these countries, be screened for prior infection with a Hepatitis B surface antigen test.

(see <http://www.cdc.gov/hepatitis/HBV/PDFs/ChronicHepBTestingFactSheet-BW.pdf>)

It is very important that you complete the requirements and submit proof of immunizations on our Student Health History Form before your arrival at UConn.

You can download this form at http://www.shs.uconn.edu/docs/student_health_history_form.pdf. Please complete and mail the form as soon as possible. Do not wait until your arrival on campus to return the completed form!

Be sure to keep copies of your forms for your personal record. If you have any other health and immunization documents, please make photocopies of everything and send them along with your health history form. This will prevent having any problems with registration and housing when you arrive.

If you are not able to complete the requirements before your arrival at UConn, you will be provided with an opportunity to do so during your orientation program.

Please note that this is not done free of charge. There will be fees associated with this service.

Other helpful links

➤ TRANSLATION OF VACCINE NAMES

Aids to translating foreign immunization records; compiled by the Immunization Action Coalition, courtesy of the Minnesota Department of Health:

<http://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/foreign-products-tables-07.pdf>

➤ VACCINE INFORMATION

The Immunization Action Coalition has created a vaccine information website that contains translations in many languages:

http://www.immunize.org/vis/vis_english.asp

➤ STUDENT HEALTH WEB PORTAL

Student Health Services maintains a web portal through which you may view the immunization information we have on file for you. Go to myhealth.uconn.edu, log in using your NetID and password, then go to My Profile > Immunization History